

# MBN : 2018



*presents*  
**AESTHETIC BREAST MEETING**  
MILANO, 12<sup>th</sup> - 15<sup>th</sup> DECEMBER 2018

Meeting Venue:  
Mi.Co. Fiera Milanocity  
Via Gattamelata - Gate 13

[www.congress.maurizionava.it](http://www.congress.maurizionava.it)



## Welcome to the MBN 2018

We always try to listen to the requests of our participants that follow us faithfully every year and try to make the changes in our program based on these suggestions. We love to bring new ideas and format renewals and try to keep up with the modern way of communicating with the attendees. The result of us taking all of this in consideration is that I have decided to change the conference this year and introduce live surgery and three pre-conference courses and master classes each day before and after the end of the main plenary sessions. This will imply greater commitment from all of us that are part of my team and a more challenging job by the faculty. In order to offer more space for more participants and allow more comfort inside and outside the conference venue, I decided to move to the MiCo, Milano Conference, a well-known conference center in the heart of Milano CityLife, Future inside the past and close to downtown Milan.

Maurizio Nava

# Wednesday 12th December

## ORANGE ROOM A

## ORANGE ROOM B

## ORANGE ROOM C

## GREEN ROOM A

## GREEN ROOM B

## GREEN ROOM C

12.00 - 14.00

REGISTRATION

14.00 - 16.00

PRE-CONFERENCES COURSES - Leded by experts (60-70 pax)

### M.B. Nava

#### Breast augmentation

From the first consultation to the final results.

Patients and Implant selection.

Measurements.

Surgical procedures (videos).

Minimize contamination.

Post op.

Follow-up (Live Model)

### A. Rancati

#### Breast reduction

From the first consultation to the final results.

Surgical procedures, patients selection.

Pre-Op. Drawings.

Surgical details (videos).

Follow-up (Live Model)

### R. De Vita

#### Congenital Deformities

and Secondary approaches

Surgical Procedures, planning. Pre Op.

Drawings.

Surgical details (videos).

Follow-up.

### C. Stan

#### Mastopexy with or without implants

From the first consultation to the final results.

Surgical procedures, planning.

Pre-Op. Drawings.

Surgical details (videos).

Follow-up

### D. Hammond

#### Breast reduction

From the first consultation to the final results.

Surgical procedures, patients selection.

Pre-Op. Drawings.

Surgical details (videos).

Follow-up (Live Model)

### G. Botti

#### Breast augmentation

From the first consultation to the final results.

Patients and Implant selection.

Measurements.

Surgical procedures (videos).

Minimize contamination.

Post op.

Follow-up

16.00 - 16.30

Break

16.30 - 17.00

MASTERCLASS COURSES - Leded by experts (60-70 pax)

### MASTERCLASS

#### G. Catanuto - A.Spano

Standardization of outcome evaluations

### MASTERCLASS

#### N. Rocco

Evidence based medicine in Aesthetic Surgery

### MASTERCLASS

#### A.M. Munhoz

Round x Shaped x Ergonomics: Current Aspects in Breast Augmentation Surgery

17.00 - 18.00

COMPANIES MEET ATTENDEES

12' each Company to summarize their devices' features, future researches and warnings: Allergan Mentor Motiva Nagor Polytech

18.00 - 18.30

Questions ON ALCL

CHAIRMAN: **N. Rocco** DISCUSSANTS: **M.B. Nava - A. Rancati**

18.30 - 19.00

INDUSTRIES WORKSHOP

19.00

COCKTAIL MINGLE SESSION. Meet and chat with KOL.

# Thursday 13th December

## ORANGE ROOM - PLENARY

- 07.30 - 13.30 **LIVE SURGERY**  
Surgeons: **M.B. Nava - A. Rancati - A. Spano - G. Tunesi - V. Visintini**  
Chairman in the OR: **R. De Vita**  
Chairmen in the plenary room: **D. Hammond - S. Pompei - A.M. Munhoz**  
Directly from the Madonna Clinic, two operating rooms, a series of different surgical procedures will be showed and discussed in an interactive way with the attendees.
- 07.30 - 08.15 Patients features and drawings
- 10.00 - 11.00 COFFEE STATION
- 13.30 - 14.30 LUNCH & CONFERENCE REGISTRATION

# MBN 2018 - AESTHETIC BREAST MEETING Breast Reshaping

## ORANGE ROOM - PLENARY

## GREEN ROOM A

## GREEN ROOM B

## GREEN ROOM C

- 14.20 **WELCOME M.B. Nava**
- 14.30 - 15.00 **INTRODUCING LECTURE**  
How to choose the best pedicle according to size and shape of the breast and how to maintain the upper pole fullness **S. Pompei**  
**MASTOPEXY CHAIRMAN: S. Pompei**
- 15.00 - 15.15 Pexy with or without Scars **A. Spano**
- 15.15 - 15.30 Soft Tissue Mastopexy **D. Hammond**
- 15.30 - 15.45 Mastopexy after massive weight loss **J. Grotting**
- 15.45 - 16.00 How to reshape the breast after implant removal **C. Stan**
- 16.00 - 16.10 **Q&A DISCUSSION S. Pompei - J. Grotting**
- 16.20 - 16.35 **BREAST REDUCTION CHAIRMAN: M. Salgarello**  
T inverted scar old fashion or still a gold standard? **A. Rancati**
- 16.35 - 16.50 Meshes to reduce ptosis and bottoming out? **R. De Vita**
- 16.50 - 17.05 How to choose the best pedicle according to the size and shape of the breast **S. Pompei**
- 17.05 - 17.20 How to deal with important complications **J. Grotting**
- 17.20 - 17.30 **Q&A DISCUSSION M. Salgarello**
- HOT TOPICS TBD**
- 17.30 - 18.10 **PANEL DISCUSSION: NPWT in Aesthetic Breast Surgery**
- 18.10 - 18.30 Not all breast implants are equal: a 13 years review of implants longevity and reasons for explantation **M. Nahabedian**
- 18.30 - 19.00 **MASTERCLASS COURSES - Led by experts (60-70 pax)**
- |   |  |   |   |
|---|--|---|---|
| 18.30 - 19.00 <b>MASTERCLASS</b><br><b>M. Salgarello</b><br>Polyurethane covered textured implant: my personal experience and how I've changed my surgery | <b>MASTERCLASS</b><br><b>D. Hammond</b><br>SPAIR Technique: patients selection and surgical tricks | <b>MASTERCLASS</b><br><b>A. Spano</b><br>Mastopexy with "autologous glandular" prosthesis | <b>MASTERCLASS</b><br><b>J. Grotting</b><br>Vertical Scar for Breast Reduction and Pexy |
|---|--|---|---|
- 19.00 - 19.30 **INDUSTRIES Workshops**

# Friday 14th December

ORANGE ROOM - PLENARY

GREEN ROOM A

GREEN ROOM B

GREEN ROOM C

	ORANGE ROOM - PLENARY	GREEN ROOM A	GREEN ROOM B	GREEN ROOM C
08.00 - 08.30	<p>MASTERCLASS COURSES - Leded by experts (60-70 pax)</p> <p><b>MASTERCLASS</b> <b>P. Montemurro</b> My experience with textured implants: why they are still indicated</p>	<p><b>MASTERCLASS</b> <b>C. Stan</b> Patient consultation and simplified implant selection</p>	<p><b>MASTERCLASS</b> <b>G. Botti</b> Axillary breast augmentation</p>	<p><b>MASTERCLASS</b> <b>C. Randquist</b> How to optimize implant positioning, Regardless of implant shape or texturing</p>
08.30 - 09.00	<b>BREAKFAST IN THE EXHIBITION BOOTHS</b>			
09.00 - 09.30	<p><b>Introducing lecture: THE IDEAL BREAST R. De Vita</b> <b>PLANNING AND MEASUREMENTS CHAIRMAN: M.B. Nava</b></p>			
09.30 - 09.45	How to measure and to choose the correct implant and new IMF position when using anatomical implants <b>P. Montemuro</b>			
09.45 - 10.00	How to measure and to choose the right implant and new IMF position when using round implants <b>P. Harris</b>			
10.00 - 10.15	How to simplify implant selection according to patients wishes and anatomical features: an easy ALGORITHM <b>M.B. Nava</b>			
10.15 - 10.35	3D devices: a marketing tool or a real device that allows better planning? <b>D. Hammond vs P. Montemurro</b>			
10.35 - 10.50	Simultaneous mastopexy augmentation by periareolar approach <b>A. Rancati</b>			
10.50 - 11.00	<b>Q&amp;A DISCUSSION M.B. Nava</b>			
11.00 - 11.25	Biological Morphogenetic Surgery: what we can learn from Tuberous Breast Surgery <b>G. Rigotti</b>			
11.25 - 11.45	<b>THREE ABSTRACTS DISCUSSION</b> <b>MYTHS vs REALITY CHAIRMAN: M.B. Nava</b>			
11.45 - 12.00	Implant rupture: who or what really impacts on this problem? <b>A. Rancati</b>			
12.00 - 12.15	Can a round implant become anatomical? If yes: how I can determine the distribution in the inferior pole? The constricted inferior pole? <b>G. Botti vs P. Montemurro</b>			
12.15 - 12.30	Capsule Contracture - ALCL - Chronic Inflammatory Reaction: Does Minimizing implant contamination play any role? What do we know from the literature <b>M. Clemens</b>			
12.30 - 12.45	What is the real difference among Macro - Micro & Smooth surfaces? <b>N. Rocco</b>			
12.45 - 13.00	<b>Q&amp;A DISCUSSION M.B. Nava</b>			
13.00 - 14.00	LUNCH			
14.00 - 14.15	<b>SURGICAL APPROACHES CHAIRMAN: A.M. Munhoz</b> Can skin incisions really affect complications? Malposition, waterfall deformities, bottoming out, capsule contracture <b>D. Hammond</b>			
14.15 - 14.30	How to optimize IMF and implant positioning, Regardless of implant shape or texturing <b>C. Randquist</b>			
14.30 - 14.45	Breast Asymmetry: how to correct this according to gravity? Implants alone or an association of implant and mastopexy-reduction? <b>M. Salgarello</b>			
14.45 - 15.00	Skinny patients: which kind of implant or adjuvant procedures should be used? <b>G. Botti</b>			
15.00 - 15.10	<b>Q&amp;A DISCUSSION A.M. Munhoz - A. Spano</b>			
15.10 - 15.40	<b>FIVE ABSTRACTS SESSION</b> <b>COMPLICATIONS AND REVISION SURGERY CHAIRMAN: M. Clemens</b>			
15.40 - 15.55	Size change, a complication in communication <b>C Randquist</b>			
15.55 - 16.10	Management of Complications with Nanotextured Implants <b>A.M. Munhoz</b>			
16.10 - 16.25	Polyurethane coated implants: when and how <b>S. Pompei</b>			

16.25 - 16.40	Implant options in revision surgery <b>P. Harris</b>			
16.40 - 16.55	Revision Surgery and Common Complications After Breast Augmentation: how to prevent and treat <b>C. Stan</b>			
16.55 - 17.10	Matrices or meshes only for revision surgery? <b>M. Nahabedian</b>			
17.10 - 17.25	There is no perfect implant for every patient <b>C. Ranquist</b>			
17.25 - 17.40	<b>Q&amp;A DISCUSSION</b>			
18.00 - 18.30	Diagnosis and Surgical management of ALCL patients <b>M. Clemens</b> MASTERCLASS COURSES - Leded by experts (60-70 pax)			
18.30 - 19.00	<b>MASTERCLASS</b> <b>J. Grotting</b> How to prevent and how to solve complications in breast aesthetic surgery	<b>MASTERCLASS</b> <b>A.M. Munhoz</b> Breast augmentation in radio-treated women after BCS : how to solve it?	<b>MASTERCLASS</b> <b>R. De Vita</b> My way of implants selection, round vs anatomical, according to patients wishes.	<b>MASTERCLASS</b> <b>M. Nahabedian</b> Intraoperative technique and postoperative management of patients with form stable anatomical implants
19.00 - 19.30	<b>MASTERCLASS</b> <b>A. Rancati</b> Augmented/Virtual reality in breast diagnosis and training	<b>MASTERCLASS</b> <b>C. Randquist</b> The art of consultation in Aesthetic Breast Surgery	<b>MASTERCLASS</b> <b>A.M. Munhoz</b> The Subfascial Approach to Primary and Secondary Breast Augmentation with Autologous Fat Grafting: the HYBRID concept	<b>MASTERCLASS</b> <b>D. Hammond</b> Implant selection: round vs anatomical, rough vs smooth according to patients wishes and anatomical features
20.30	SOCIAL DINNER			

## Saturday 15th December

### ORANGE ROOM - PLENARY

### GREEN ROOM A

### GREEN ROOM B

### GREEN ROOM C

08.00 - 08.30	MASTERCLASS COURSES - Leded by experts (60-70 pax) <b>MASTERCLASS</b> <b>G. Rigotti</b> My journey through fat grafting: what I have changed during overtime	<b>MASTERCLASS</b> <b>P. Blondeel</b> Composite breast Augmentation	<b>MASTERCLASS</b> <b>M. Nahabedian</b> Fat grafting to solve side effects in secondary revision surgery or to prevent them in primary augmentation	<b>MASTERCLASS</b> <b>D. De Fazio</b> Enriched fat grafting: can make the difference?
08.30 - 09.00	<b>BREAKFAST IN THE EXHIBITION BOOTHS</b> <b>CONSENSUS CONFERENCE</b> <b>Fat Cells Grafting: Safety-Breast Detection-Intake-Long Lasting Results</b>			
08.30 - 08.45	Harvesting: which is the best procedure <b>P. Blondeel</b>			
08.45 - 09.00	Injecting: how to do it in order to have the best intake <b>D. De Fazio</b>			
09.00 - 09.15	Processing: centrifugation, decantation or new devices <b>G. Rigotti</b>			
09.15 - 09.30	Fat grafting and implants: Pros and cons <b>A. Rancati</b>			
09.30 - 09.45	How to measure the intake and is the single procedure possible? <b>R. De Vita</b>			
09.45 - 10.00	Oncological safety: where are we? <b>A.M. Munhoz</b>			
10.00 - 10.15	Radiotreated tissue: rate of non responder <b>G. Rigotti</b>			
10.15 - 10.35	Breast detection: can this be affected by the fat grafting <b>G. Scaperrotta</b>			
10.35 - 11.00	<b>Q&amp;A Discussion</b>			
10.35 - 11.30	COFFEE STATION			
11.00 - 13.00	<b>CONSENSUS STATEMENTS</b> <b>M.B. Nava</b>			
13.00 - 13.30	<b>CLOSING REMARKS</b>			
13.30	FAREWELL CEREMONY (LUNCH)			

CONFERENCE PRESIDENT

**Maurizio Bruno Nava** - Italy

SCIENTIFIC COMMITTEE

**Giuseppe Catanuto** - Italy

**Maurizio Bruno Nava** - Italy

**Alberto Rancati** - Argentina

**Nicola Rocco** - Italy

ORGANIZING COMMITTEE

**Gianfranco Tunesi** - Italy

**Valentina Visintini** - Italy

ORGANIZING SECRETARIAT

MZ Congressi

Via C. Farini, 81 - 20159 Milano - (Italy)

Phone +39 02 66802323 - Fax +39 02 6686699

congress@maurizionava.it

(during the conference, it is not permitted to film or take pictures of the speakers and/or their presentations)

Next meetings:

Oncoplastic Breast Meeting: December 11/14.2019

Aesthetic Breast Surgery: December 10/12.2020

Oncoplastic Breast Meeting: December 15/18.2021

Save the dates!

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